

CORNWALL COUNTY TRACK & FIELD CHAMPIONSHIPS

PAR TRACK SATURDAY 21 AUGUST 2021

Ages as at midnight on 31st August 2021 except under 20 who must be 19 or under on 31st December 2021.

EVENTS

Under 11 Girls and Boys Years 4 & 5 (must be 9 BEFORE 01/09/21)	75m 150m 600m Long Jump
UNDER 13 GIRLS (Years 6 & 7)	100m, 200m, 800m, 1500m, 70mHurdles, High Jump, Pole Vault , Long Jump, Shot, Discus, Javelin, 4 x 100m Relay.
UNDER 15 GIRLS (Years 8 & 9)	100m, 200m, 300m, 800m, 1500m, 3000m, 75mHurdles, High Jump, Pole Vault Long Jump, Triple Jump, Shot, Discus, Hammer, Javelin, 4 x 100m Relay.
UNDER 17 WOMEN (Years 10 & 11)	100m, 200m, 300m, 800m, 1500m, 3000m, 80mHurdles, 300mHurdles 1500m S/Chase, High Jump, Pole Vault, Long Jump, Triple Jump, Shot, Discus, Hammer, Javelin, 4 x 100m Relay, 4 x 300m Relay
SENIOR WOMEN (Includes U20 & Veteran Women *)	100m, 200m, 400m, 800m, 1500m, 3000m, 100mHurdles, 400m Hurdles, 2000m S/Chase, High Jump, Pole Vault, Long Jump, Triple Jump, Shot, Discus, Hammer, Javelin, 4 x 100m Relay, 4 x 400m Relay
UNDER 13 BOYS (Years 6 & 7) (must be 11 BEFORE 01/09/21)	100m, 200m, 800m, 1500m, 75mHurdles, High Jump, Pole Vault, Long Jump, Shot, Discus, Javelin, 4 x 100m Relay.
UNDER 15 BOYS (Years 8 & 9)	100m, 200m, 300m, 800m, 1500m, 3000m, 80mHurdles, 1500m S/Chase, High Jump, Pole Vault, Long Jump, Triple Jump, Shot, Discus, Hammer, Javelin, 4 x 100m Relay, 4 x 300m Relay
UNDER 17 MEN (Years 10 & 11)	100m, 200m, 400m, 800m, 1500m, 3000m, 100mHurdles, 400m Hurdles 1500m S/Chase, High Jump, Pole Vault, Long Jump, Triple Jump, Shot, Discus, Hammer, Javelin, 4 x 100m Relay, 4 x 400m Relay
UNDER 20 MEN (specific events)	110mHurdles, 2000m S/Chase , Shot, Discus, Hammer
SENIOR MEN (Includes U20 & Veteran Men *)	100m, 200m, 400m, 800m, 1500m, 3000m, 110mHurdles, 400m Hurdles 3000m S/Chase, High Jump, Pole Vault, Long Jump, Triple Jump, Shot, Discus, Hammer, Javelin, 4 x 100m Relay, 4 x 400m Relay

* Under 20 & Veterans will be awarded a first place only for all events. A Senior medal will be awarded to veterans if throwing Senior weights and for hurdles (veterans may use the lower weights in throws for veteran medals, hurdle specifications can only apply where the race can be included alongside the veterans using senior specification relevant to their age group). **See Rule 9**

ENTRY FEES (See Also Rule 6 for additional fees where members of an unaffiliated clubs to CCAA)

SENIORS & VETERANS	£7.50 per event (£20 total for 3 events + £5 any extra)
ALL OTHERS	£6.00 per event (£15 for 3 events + £5 any extra within UKA Rules) £10.00 under 11s for 3 events
RELAYS	No Charge (enter teams at the start of the day)

CHEQUES MADE PAYABLE TO: Cornwall County Athletic Association (or CCAA)

BACS payments to: CCAA sort: 30-98-76 (Lloyds); A/c: 00285919; ref MUST be athlete name (not parent or carer)
BACS payments must be confirmed by email when paid

CLOSING DATE: WEDNESDAY 11th AUGUST 2021 (see rule 2)

Entries to:-

Championship Secretary, Dave Varney, 38 Manor View, Par PL24 2EN
Email: davevarney@uwclub.net

Email entries only accepted if on the correct form as an attachment and **the entry fee is received within 3 days**

PLEASE READ THE FOLLOWING RULES CAREFULLY

PLEASE READ THE FOLLOWING RULES CAREFULLY!!!!!!!

- 1 Entries MUST be sent on the attached spreadsheet (as an attachment if emailed) – see also Rule 9
- 2 UNDER NO CIRCUMSTANCES WILL ENTRIES BE TAKEN ON THE DAY OR SUBSTITUTES ALLOWED.
- 3 Late Entries **may** be accepted at the discretion of the Championship Secretary but not if this affects races already scheduled as straight finals & numbers will exceed available lanes / safety in distance races or if field events age groups have been combined & numbers would be excessive. **Absolutely NO ENTRIES ON THE DAY**
- 4 Except for Seniors/U20, competitors can only compete in three individual events plus a relay (Rule 107)
 - Under 20's may compete in up to 5 events (relays are counted as an event)
- 5 Under 13 & Under 15's may not compete in both 800m & 1500/3000m on the same day or compete in U17 300/400m Hurdles, (plus U13's may not compete in 300/400m, 3000m, & Triple Jump [Rule 107])
- 6 ALL COMPETITORS MUST HAVE CORNWALL ELIGIBILITY either by Birth, 9 months continuous residence or Forces. (Rule 9/2). You may not compete (unless accepted as a 'guest') if already representing another County or competed in another County Championships in 2021, including Cross Country, (except for schools competitions) (Rule 9/5). You retain your County eligibility after moving from the County until you compete for another County or their Championships (Rule 9/3)
- 7 Athletes must compete for their first named club except where this club is not affiliated to the County when they can compete for their second claim club (Rule 9/8). **Athletes with clubs not affiliated to CCAA (or not with a club) must pay an extra £2 per event.** (Affiliated clubs can be found on the County website at <http://www.cornwallathletics.org/>) This does not apply to school entries. **All athletes, U13 upwards, (except schools) MUST be affiliated to England Athletics for the current year (EA fees are due 1 April 2021). Your EA Registration Number (URN) MUST be included with your entry form, whether by email or post.**
- 8 Athletes must compete in the team colours they are representing except for individual events, where County, Regional, Territorial or National vests may be worn (Rule 17 /2 & 3).
- 9 Schools & clubs may make multiple entries but ALL DETAILS including dates of Birth & home addresses **MUST BE INCLUDED.** This is important for future County team selection/contact & registration (an address c/o.. is not acceptable). Schools not able to comply with this must contact parents to get agreement
- 10 A medal will be awarded to the winner only in each event, including Under 20 & Veteran athletes, second & third will receive a certificate (except U20 & Veterans). Medals will also only be awarded to the winning relay team, others will receive certificates.

There are further Championship events planned:

- 1mile** Par Track Saturday 28 August (See N&PAC Jumps, Sprints & 1 Mile graded events at newparac.co.uk -TBC)
- 5,000m** Carn Brea Track Thurs 05 August at 19.00 (see DAN Summer Run Series for details on the County website)
- 10,000m** Par Track Wed 25 August at 19.00 (see DAN Summer Run Series for details on the County website)

ENTRY FEES (See Also Rule 6 for additional fees where members of an unaffiliated clubs to CCAA)

SENIORS & VETERANS	£7.50 per event (£20 total for 3 events + £5 any extra)
ALL OTHERS	£6.00 per event (£15 for 3 events + £5 any extra within UKA Rules) £10.00 under 11s for 3 events
RELAYS	No Charge (enter teams at the start of the day)

CHEQUES MADE PAYABLE TO: Cornwall County Athletic Association (or CCAA)

**BACS payments to: CCAA sort: 30-98-76 (Lloyds); A/c: 00285919; ref MUST be athlete name (not parent or carer)
BACS payments must be confirmed by email when paid**

CLOSING DATE: WEDNESDAY 11th AUGUST 2021 (see rule 2)

Entries to:-

Championship Secretary, Dave Varney, 38 Manor View, Par PL24 2EN
Email: davevarney@uwclub.net

Email entries only accepted if on the correct form as an attachment and **the entry fee is received within 3 days**

2021 CORNWALL AA TRACK & FIELD CHAMPIONSHIPS ENTRY FORM

Refer to Rules Section

Athlete URN is the number given to all competing athletes when registered with England Athletics - This is a mandatory requirement for all competing athletes with a club but does not apply to school entries or U11's.

Declaration

Please enter the under mentioned teams & individuals in the County Cross Country Championships, I confirm that the above entered athlete(s) is/are eligible to compete for Cornwall & that they have not competed for another County (other than School County teams) in the year 2021 and that I give permission for the athlete(s) to compete in the Cornwall County AA Cross Country Championships, knowing that this will be run on undulating and varying surfaces which could result in injury. The County will endeavour to provide adequate first aid cover. If under 18, the form must be signed by the parent/guardian or school on behalf of the parent or guardian **THIS FORM MAY BE USED BY INDIVIDUAL ATHLETES BUT SIGNED BY A PARENT OR GUARDIAN (OR SCHOOL REPRESENTATIVE) IF UNDER 18**

Person completing form

Name		Contact Phone	
Relation to athlete	Athlete / Coach / Parent / Teacher / Other	Email	
Signature			

Athletes - ALL boxes MUST be completed

Athlete URN	Not required for SCHOOL or U11s			Address	
Name					
DOB		Sex			
Club OR School					
Event(s)					
Eligibility	Birth / Residence / Forces			Tel	
Athlete URN	Not required for SCHOOL or U11s			Address	
Name					
DOB		Sex			
Club					
Event(s)					
Eligibility	Birth / Residence / Forces			Tel	
Athlete URN	Not required for SCHOOL or U11s			Address	
Name					
DOB		Sex			
Club OR School					
Event(s)					
Eligibility	Birth / Residence / Forces			Tel	
Athlete URN	Not required for SCHOOL or U11s			Address	
Name					
DOB		Sex			
Club OR School					
Event(s)					
Eligibility	Birth / Residence / Forces			Tel	

Athlete URN	Not required for SCHOOL or U11s		Address	
Name				
DOB	Sex			
Club OR School			Email	
Event(s)				
Eligibility	Birth / Residence / Forces		Tel	
Athlete URN	Not required for SCHOOL or U11s		Address	
Name				
DOB	Sex			
Club			Email	
Event(s)				
Eligibility	Birth / Residence / Forces		Tel	
Athlete URN	Not required for SCHOOL or U11s		Address	
Name				
DOB	Sex			
Club OR School			Email	
Event(s)				
Eligibility	Birth / Residence / Forces		Tel	
Athlete URN	Not required for SCHOOL or U11s		Address	
Name				
DOB	Sex			
Club OR School			Email	
Event(s)				
Eligibility	Birth / Residence / Forces		Tel	
Athlete URN	Not required for SCHOOL or U11s		Address	
Name				
DOB	Sex			
Club OR School			Email	
Event(s)				
Eligibility	Birth / Residence / Forces		Tel	
Athlete URN	Not required for SCHOOL or U11s		Address	
Name				
DOB	Sex			
Club OR School			Email	
Event(s)				
Eligibility	Birth / Residence / Forces		Tel	
Athlete URN	Not required for SCHOOL or U11s		Address	
Name				
DOB	Sex			
Club			Email	
Event(s)				
Eligibility	Birth / Residence / Forces		Tel	